



Shipping Instructions

Shipping - UK

You will have a pre-paid Royal Mail 1st class Label included in your kit. Please place the label on the outside of your shipping box, and either place in a Post box or take to a main / Royal mail Post Office.

Shipping - Overseas

You will have either a DHL or FedEx bag included in your kit.

Please contact Regenerus Labs a minimum of 48 working hours before your blood draw via email to info@regeneruslabs.com to request your shipping documents. We will then request some further information and then create your shipping documents and email them back to you.



Blood test Instructions

US BioTek



Check the below contents box, and contact Regenerus Labs on 0203 750 0870 for any missing components.

Keep the box provided to return your sample in. Please read all instructions before booking a blood draw.

UB027 / 001/ 002/ 009/ 011/ 028	
4 x Gold SST	
Absorbent material	
Biohazard bag	
Pre-paid shipping label	
Return Box	
Security seal	



Patient Information

When?

Book your blood to be drawn and collected Monday to Wednesday only, ensuring the next day is not a bank holiday or weekend in the UK.

- Do not stop any medications or supplements without checking with your health care professional beforehand.

Where?

You can choose any location you like to collect your blood, but this test does require a "centrifuge" (see blood draw requirements opposite) on site, as part of the blood separation process. For suggested sites that can help, visit www.regeneruslabs.com.

See shipping instructions overleaf

Phlebotomist Instruction

Diet & Medications

It is suggested that you maintain your usual dietary habits and consume a variety of foods when possible within a couple weeks prior to blood collection, unless otherwise advised by your healthcare provider.

Avoid eating foods that may have potentially resulted in a previous adverse / anaphylaxis reaction, as secondary exposure may prove fatal.

Immunosuppressive drugs such as oral or intranasal corticosteroids (eg prednisone, beclomethasone, fluticasone, triamcinolone) and topical cortisone suspensions /creams, in addition to immunomodulating drugs, may affect test results for antibody assessment.

Blood Draw instructions

1. Ensure the patients name, date of birth, and draw date are clearly labelled on each of the 4 vials, and that the name and date of birth match the requisition form. Failure to label the samples will result in sample rejection.
2. Draw all 4 SST's (gold top) then stand for 30 minutes to clot.
3. Centrifuge at 3000 RPM for 15 minutes. Ensure the serum has not haemolysed.
4. Place all 4 tubes in the biohazard bag, then into the return shipping box, then seal and place the shipping label on the outside.
5. Your samples are now ready to ship, which should happen on the same day as the draw. See shipping instructions.